

June Breakfast Ride - Cawston BC

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Title	June Breakfast Ride - Cawston BC
When	Sun, 26. June 2022, 10:00 h - 12:00 h
Where	Honest Food Farm - Farm Store - Keremeos, BC, CA
Category	Breakfast

Description

Our June Breakfast Ride will be at a new Venue and will be held in conjunction with our Summer Solstice Camp-N-Ride. You can check out their website at <https://www.honestfoodfarm.com/>

Brian Helm has arranged this to coincide with our camp weekend on the Helm Family Farm and this venue is very close by. You can get the address and a map of the location by clicking the venue link below.

We're still trying to finalize the menu and pricing, but as usual with breakfast rides this year, we will be asking you confirm your attendance by informing Judy by email at events@valleybmwriders.com. Please let her know by Wednesday, June 22nd as she will be on her way to Cawston shortly thereafter.

Venue - Honest Food Farm - Farm Store

Location	Honest Food Farm - Farm Store
Street	156 Becks Rd.
City	Keremeos
County	BC
Country	CA
Website	https://www.honestfoodfarm.com/

Description

Our farm is located in the mountainous Similkameen Valley in the southern interior of British Columbia. We grow a wide selection of fruit, vegetables and flowers, including numerous heirloom/specialty varieties. The unique combination of a semi-desert climate and the rich river valley deposits provide the ideal conditions for producing a wide variety of high quality agricultural products. On our small mixed farm, we have always grown using ecologically sustainable practices, with a genuine focus on maintaining and promoting soil health. Our traditional style farming goes against the high-input industrial model of agriculture. The emphasis on a living soil is supported through our growing methods, such as: conservation tillage; cover-cropping and green manures; interplanting and crop rotations; and our livestock management. The goal of our farm is to feed our family and our community with healthy, flavourfull food. We believe it is important to connect people to the source of their food, so that this connection is not lost.